

What is Educational Therapy?

Educational therapy for twice-exceptional students is a one-to-one approach addressing the struggles that a gifted child may experience. It clarifies the issues and places attention on the strategies needed for releasing the child's potential. The process begins with an intake assessment session that highlights the specific area of concern. This information, combined with parent and school information already in place, helps create a total profile of the strengths and areas for growth. A parent conference is create a multiapproach plan will develop the child's full potential. The plan is implemented over time through one-to-one sessions to identify and remediate the issues at hand. Through the process, the child learns how to use new strategies for developing the areas that were The goal is total child once a concern. development regarding his/her personal gifts and talents.

Giftedness does not guarantee the ability to do everything well. Many of our gifted children have areas of deficit that hold them from rising to their greatest potential. Problems such as:

- 1) Understanding one's own gifted characteristics
- 2) Organizing one's own daily life
- 3) Generating ideas for fluent writing
- 4) Understanding and appreciating correct grammar usage
- 5) Developing meaningful essay writing
- 6) Working with perfectionism and anxiousness
- 7) Handling social/emotional struggles which block the child's road to success



"You believed in my abilities like no one else (except my parents). I am so blessed to have had a teacher like you." - Lexie, former student

Gifted Education Services: Why Are They Important?

Research and practice clearly show that gifted students thrive on the relationships they build with their teachers as well as with other gifted students. During the one to one sessions the instructor works to set the stage for real-life success in drawing out the best from each child. The curriculum is tailored to the individual needs of each child and the teaching strategies develop higher level thinking. Students see that learning should include the motivation for self discovery as well as the quest for knowledge.

Small-group sessions create time to build potential and share ideas, this is an important factor when looking at the development of the gifted child. These session provide opportunities for gifted students to energize one another to higher levels of thinking. They also allow students to take new information that services to motivate and excite them for creative problem solving.

Getting Started with Gifted Education Services

All families begin with a consultation with Dr. Whitney to determine the best plan for the child. Call Dr. Whitney at (614) 562-6140 to set up an appointment. Plan to bring some of your child's latest work, as well as any test scores and progress reports that you can copy and bring to the session. The plan will be developed between you and Dr. Whitney. Normally, weekly sessions are advised, but Dr. Whitney also will work with a family to see what other options might work best These options can change as the child develops.

Gifted Education Services can include any combination of the following:

- 1. Educational therapy
- 2. One-to-one gifted sessions
- 3. Small-group literature based unit studies
- 4. Small-group math-related unit studies
- 5. Independent study
- 6. Social coaching
- 7. Test prep
- 8. SAT/ACT Prep
- 9. Administration of gifted testing

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Meet Dr. Whitney

Dr Whitney is founder and instructor for Gifted Education Services of Dublin. She is also a twice-exceptional educational therapists for gifted students who need specific strategies to help bring out their true potential. Previously, she initiated and built the Dublin City Schools gifted



program and also started the first Highly Gifted Magnet Program in the state of Ohio. She then began and built the first gifted program for Olentangy Local Schools. She completed her PhD at The Ohio State University in Curriculum for addressing the social-emotional needs of gifted adolescents. Carol was awarded Outstanding Educator of the Year, as presented by The Ohio Association for Gifted Children. Dr. Whitney has been adjunct professor at OSU in the areas of cognition, learning styles and creativity. Winner of Ashland's Golden Apple Achiever Award, Carol has stayed in the limelight of gifted education by conducting conference presentations across the country in addition to being a keynote speaker for the Mississippi state gifted conference and lead presenter for the state gifted conference in LA, California. She has been both teacher and consultant at the Summer Institute for the Gifted at Denison University.

Dr. Whitney was chosen by the Ohio State Treasurer Richard Cordray to receive the first Personal Finance Literacy Award in the state. She was named Outstanding Mathematics Teacher by the Ohio Council of Teachers of Mathematics. Dr. Whitney was named Teacher of the Year by her school's teaching staff, and was also named State Teacher of the Year by the Ohio Association of Gifted Teachers.

Dr. Whitney's books:

- Helping Gifted Children Soar
- A Love for Learning: Motivation and the Gifted Child
- Helping Gifted Children Soar, Revised 2012

"I know I can do it: You were the first teacher who recognized that potential in me!"- Abigail, former student

"Not only did you touch your students' lives, you also touched the lives of the families. I, too, will always remember the special care you gave to everyone you touched. My daughter is now teaching young students. I am sure she uses some of the strategies, techniques, and skills she learned from you, our beloved Carol Strip."- Susan, parent.

Interested in Finding Out More?

Call Dr. Whitney at (614)562-6140

Visit Dr. Whitney's Website at

www.OhioGfitedServices.com



Midwest Educational Therapists and Associates